



# USK TAEKWONDO

Please arrive 5 minutes before class!

<u>Time</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>
<b>3:50-4:30</b>	Children's class White & Yellow	Children's class Sr. Green and above	Children's class White & Yellow	Children's class Sr. Green and above	Private Lessons (APPT ONLY)
<b>4:45-5:25</b>	Children's class Orange & Above	Private Lesson Appt. Only	Children's class Orange & Above	Children's class White, Yellow, Orange	Private Lessons (APPT ONLY)
<b>5:40-6:20</b>	Family class & 6-years old and above White, Yellow, Orange	Family class & 7-years old and above Green & Above	Sparring Class Only Person with sparring gear <b>Opens: Jan 2025</b>	Family class & 7-years old and above Green & Above	Private Lessons (APPT ONLY)
<b>6:35-7:15</b>	Family class & 6-years old and above Green & Above	Family class & 7-years old and above White, Yellow, Orange	Family class & 6-years old and above Green & Above	Family class & 7-years old and above White, Yellow, Orange	Special Class If recommended by master

- Only come to classes on assigned days (classes specified for each belt to maximize learning and efficiency)
- Please talk to Master Nam to reschedule if you cannot attend regular class
- Bring sparring gear for sparring days.

**SCHEDULE EFFECTIVE NOV. 4, 2024**